

Join!



Middle School Cross Country

Who: 6th – 8th Grade boys and girls

When: August 26, 2019 - October 22, 2019

Where: Middle School

Daily Practice: 3:15 - 5:00 at MS unless notified otherwise

Tentative 2019 Competitions: *(Times TBA)*

August 17 - @Tecumseh 10 AM *(Optional)*

1. September 13 - @Forest Akers East Golf Course - East Lansing 5:50 PM *(MS Only)*
2. September 18 - @Onsted 4:30 PM *(MS Only)*
3. September 21 - @Pittsford 12:20 PM
4. September 26 - @Parkside 4:30 PM *(MS Only)*
5. September 28 - @Rustic Glen 9 AM
6. October 5 - @Hudson 9 AM
7. October 10 - @Sand Creek 4:30 PM *(MS Only)*
8. October 12 - @Gerber Park - Lenawee Championship 9 AM
9. October 17 - @Hanover Horton 4:30 PM *(MS Only)*
10. October 21 - @Sand Creek 5:45 PM

October 22 - Banquet 5:30 PM

What do you need to do?

1. Physical must be completed before he/she can participate (dated after 4/15/19).
2. No prior running experience required!
3. Bring a good attitude.
4. Contact jeff.delezenne@clinton.k12.mi.us if your son/daughter would like to join the team. All the necessary forms can be found at <https://clintonathletics.net/main/filesLinks/> under Files & Links.
5. Stop by Signature Sewing and submit order for MSXC Uniform T-Shirt (\$8) and Shorts (\$12).